

STOCKHOLM UNIVERSITY  
Department of Psychology

Master's program  
Spring 2024  
PSMT63

**Human development – Attachment and Relational Contexts of  
Lifespan Development**  
21<sup>st</sup> of March – 2<sup>nd</sup> of June

Course leader: Joel Gruneau Brulin

**Course description:** Human development – Attachment and Relational Contexts of Lifespan Development (7,5 hp)

### **Aim**

The overall aim of the course is to provide knowledge about attachment theory and to give participants in-depth knowledge of the role of attachment for the individual's social and emotional development. The theoretical content will be exemplified with a contribution of clinical and social anthropological research. Finally, a review will be made of different research methods such as observation, interviews and questionnaires which are used in the field of attachment theory research.

**To pass the course, the student should be able to:**

- Explain the psychobiological background of attachment theory
- Explain and critically reflect on central issues of the development of attachment patterns, in a lifespan perspective
- Demonstrate theoretical knowledge of the relationship between attachment and biological-, social- and emotional development
- Demonstrate skills required to participate in research such as formulating a research question, research design and give an oral presentation on the chosen topic

### **Content**

The course consists of lectures, seminars and independent work.

The student shall prepare one PM of 2000 words.

The PM regards an individual in-depth study of an attachment related topic, chosen by the student. The assignment is presented through a written PM and as an oral presentation, and is included in the course examination.

Examination consists of a written examination, see below for instructions.

## Literature

Cassidy, J., & Shaver, P. R. (2016). *Handbook of Attachment. Theory, Research and Clinical Applications* (3rd ed.). New York, NY: The Guildford Press

Broberg, A., Risholm Mothander, P., & Granqvist, P. (2020). *Anknytningsteori – Andra utökade utgåvan*. Natur och Kultur.

## Articles

Articles will be provided during the course, and will be available on Athena.

## Course leader

Joel Gruneau Brulin  
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## Teachers

Mårten Hammarlund, PhD, lic.  
psychologist, lic. psychotherapist

Pehr Granqvist, professor

Joel Gruneau Brulin, adj. teacher,  
PhD, lic. psychologist

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## **Examination**

The course examination is based upon the following activities (1) a passed PM, (2) active participation in the seminars, (3) an oral presentation of the PM, and (4) the final examination which is presented and discussed at the final examination seminar.

### *PM*

The student shall prepare one PM consisting of 2000 words. The PM is graded as pass or incomplete. Assessment of PM is based upon the following criteria:

- Ability to formulate a written discussion related to the topic
- Content of own reflections
- Clear and informative oral presentation

### *Final examination*

The final examination consists of four questions related to the course topic and goals, and shall comprise 4000 words

Grades for the final written exam are assigned according to a seven-point goal-related grading scale:

A = Outstanding

B = Excellent

C = Good

D = Satisfactory

E = Sufficient

Fx = Insufficient

F = Totally insufficient

Final grade on the course is based upon the final written exam, as well as the accomplishment on the PM. Passing the course requires grade E or better on the written exam, and Pass on the PM and the oral presentation.s