1. Type of Course
Reading-course at the doctoral level, Department of Psychology, Stockholm University.

2. Course Leader
Robert Johansson, robert.johansson@psychology.su.se

3. Learning Activities
Activities are based on reading literature and writing an individual PM (promemoria), as described in more detail under “examination”.

4. Learning Outcomes
For a passing grade on the course, the student must be able to:
- be able to explain basic concepts within Intensive Short-term Dynamic Psychotherapy (ISTDP)
- be oriented in past and current ISTDP research and the larger class of research in affect-focused psychodynamic psychotherapy
- be oriented in clinical applications of ISTDP
- demonstrate an understanding of how to apply basic ISTDP interventions in psychotherapy
- critically reflect on the scientific support of ISTDP
- relate the in-depth knowledge to the content of previous related courses

5. Content
The bibliography defines the content of the course: To provide a basic knowledge of ISTDP, to provide an in-depth understanding of clinical applications of, and to provide an understanding of contemporary ISTDP research. In addition, demonstrating an understanding of how to apply basic ISTDP interventions in psychotherapy.

6. Previous Knowledge
Admitted to the doctoral program at the Department of Psychology, Stockholm University. Upon request, the course may be open for doctoral students from other Universities.

7. Forms of Examination
The student is to write a longer PM based on the course literature. The PM will include an analytic, explorative and critical view of the literature as well as a proposed investigation pinpointing and presenting needed future research within the field. In addition, an oral examination of the course literature will be undertaken. To pass, sufficient knowledge of and ability to synthesize and problematize theory and research in the ISTDP field is required.

8. Grades
Pass or Fail
9. **Plagiarism and self-plagiarism**

It is of course permissible to quote other sources, but both direct and indirect quotes must always be provided with correct and complete reference data. Copying or printing of a shorter or longer section and identifying oneself as the author of the text is prohibited. It is considered plagiarism. It is not allowed in the longer pieces to quote your own previous graded texts (so-called self-plagiarism). Plagiarism is regarded as a fundamental breach, not only against an established research ethics code, but also on a general approach to their own and others' texts. Plagiarism is unauthorized cheats and will always be the subject of a disciplinary matter, which can lead to suspension.

10. **Literature**

*Scientific papers:*


*Books, required reading:*


*Books, optional reading:*

