

## **COURSE LITERATURE**

### **ADULT DEVELOPMENT 7,5 HP**

#### **REQUIRED COURSE LITERATURE**

***Either of the editions of the course textbook by Whitbourne (7<sup>th</sup> or 6<sup>th</sup> edition) below are acceptable to use in this course:***

Whitbourne, S. K., & Whitbourne, S. B., (2020, July) *Adult Development and Aging, 7th Edition*, EMEA Edition. ISBN: 978-1-119-66745-2

Whitbourne, S. K., & Whitbourne, S. B., (2019, March) *Adult Development and Aging, 6th Edition*, EMEA Edition. ISBN: 978-1-119-58991-4

Publisher's website at the link below:

[Adult Development and Aging, 7th Edition, EMEA Edition | Wiley](#)

#### **REQUIRED JOURNAL ARTICLES OR CHAPTERS**

**\*All articles are available via PsychInfo (ProQuest) database from the Stockholm University library's website**

##### **Articles on Emerging Adulthood**

Arnett, J. J. (2000). Emerging adulthood. A theory of development from the late teens through the twenties. *American Psychologist*, 55, 469-480.

Côté, J., & Bynner, J. M. (2008). Changes in the transition to adulthood in the UK and Canada: The role of structure and agency in emerging adulthood. *Journal of Youth Studies*, 11, 251-268.

##### **Chapters on Identity and Personality (in course schedule abbreviation is LFW & K)**

**\*\*Ferrer-Wreder, L. & Kroger, J. (2019). [Identity in adolescence: The balance between self and other](#) (4th edition). London, England: Routledge. DOI: <https://doi.org/10.4324/9781315165806>**

Identity as life story (pp. 95-121) in course schedule LFW & K **chapter 4**

Identity beyond adolescence: What comes next? (pp. 190-205) in course schedule LFW & K **chapter 8**

**\*\*An electronic edition of this book (and chapters you should read from this book) is available for free via the Stockholm University library's website. You can find the book by putting the title in the library main search field in quotation marks, i.e., "identity in adolescence". You will only read chapter 4 and 8 from this book.**

**Articles on Successful Aging\***

Rowe, J.W., & Kahn, R.L. (1997). Successful aging. *The Gerontologist*, 37, 433-440.

Rowe, J. W., & Kahn, R. L. (2015). Successful aging 2.0: Conceptual expansions for the 21st century. *The Journals of Gerontology: Series B: Psychological Sciences and Social Sciences*, 70B, 593-596. doi: <http://dx.doi.org/10.1093/geronb/gbv025>

Torres, S. (2006). Different ways of understanding the construct of successful aging: Iranian immigrants speak about what aging well means to them. *Journal of Cross-Cultural Gerontology*, 21(1-2), 1-23.

**OPTIONAL – NOT REQUIRED READINGS**  
**HELPFUL FOR CASE STUDY ASSIGNMENT**

**\*These readings listed below are available via PsychInfo (ProQuest) database from the Stockholm University library's website**

**Optional Readings on Emerging Adulthood\***

- Arnett, J. J. (2007) Emerging adulthood: What is it, and what is it good for? *Child Development Perspectives*, 1, 68 -73.
- Côté, J. E. (2014). The dangerous myth of emerging adulthood: An evidence-based critique of a flawed developmental theory. *Applied Developmental Science*, 18, 177–188.
- Padilla-Walker, L. M. & Nelson, L. J. (Eds.), *Flourishing in emerging adulthood: Positive development during the third decade of life*. New York, NY: Oxford University Press.
- Swanson, J. A. (2016). Trends in literature about emerging adulthood: Review of empirical studies. *Emerging Adulthood*, 4, 391-402. doi:  
<http://dx.doi.org.ezp.sub.su.se/10.1177/2167696816630468>

**Optional Readings on Midlife\***

- Freund, A. M., & Ritter, J. O. (2009). Midlife crisis: A debate. *Gerontology*, 55, 582-591. doi:<http://dx.doi.org.ezp.sub.su.se/10.1159/000227322>
- Jen, S. (2018). Sexuality of midlife and older women: A review of theory use. *Journal of Women & Aging*, 30, 204-226. doi:<http://dx.doi.org.ezp.sub.su.se/10.1080/08952841.2017.1295680>
- Lachman, M. E. (2004). Development in midlife. *Annual Review of Psychology*, 55, 305-31. doi:<http://dx.doi.org.ezp.sub.su.se/10.1146/annurev.psych.55.090902.141521>
- Lachman, M. E. (2015). Mind the gap in the middle: A call to study midlife. *Research in Human Development*, 12, 327-334. doi: <http://dx.doi.org.ezp.sub.su.se/10.1080/15427609.2015.1068048>

**Optional Readings on Successful Aging\***

- Baltes, P.B. (1997). On the incomplete architecture of human ontogeny: Selection, optimization, and compensation as foundations of developmental theory. *American Psychologist*, 52, 366-380.
- Martin, P., Kelly, N., Kahana, B., Kahana, E., Willcox, B. J., Willcox, D. C., & Poon, L. W. (2015). Defining successful aging: A tangible or elusive concept? *The Gerontologist*, 55, 14-25. doi: <http://dx.doi.org.ezp.sub.su.se/10.1093/geront/gnu044>
- Martinson, M., & Berridge, C. (2015). Successful aging and its discontents: A systematic review of the social gerontology literature. *The Gerontologist*, 55, 58-69. doi:<http://dx.doi.org.ezp.sub.su.se/10.1093/geront/gnu037>

Whitley, E., Benzeval, M., Popham, F. (2020). Population priorities for successful aging: a randomized vignette experiment. *Journals of Gerontology. Series B, Psychological Sciences and Social Sciences*, 75, 293-302. doi: 10.1093/geronb/gby060

## **OTHER OPTIONAL READINGS**

### **Chapter on Adult Attachment**

Granqvist, P., & Kirkpatrick, L. A. Attachment and Religious Representations and Behavior. *This is a chapter available in Athena and is connected with Pehr Granqvist's lecture on attachment and spirituality*