Short Curriculum Vitae for Petra Ulmanen

Senior lecturer in Social Work
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Academic background
PhD degree in Social Work, Stockholm University (December, 2015)
BA degree in Journalism, Stockholm University (1996)
BS degree in Behavioural Research, Stockholm University (1994)

Current and recent positions

2022-	Senior lecturer, Department of social work, Stockholm University
2018-2022	Associate senior lecturer, Department of social work, Stockholm University
2016-2018	Postdoctoral Researcher, Department of social work, Stockholm University
2007-2015	PhD Candidate, Department of Social work, Stockholm University (part time)
2013-2014	Appointed by the Swedish Government as an expert for the Inquiry on Men and Gender Equality (part time).
2011-2014	Research assistant, Department of Social work, Stockholm University, conducting a survey and analysing previously collected survey materials on caregiving and its consequences.
2009	Research assistant at the Department of Social work, Stockholm University, analysing previously collected survey materials on informal care and paid employment, commissioned by the Ministry of Health and Social Affairs.
2005-2007	Editor of Ordfront magasin, one of Sweden´s major political and cultural magazines.
2004-2005	Appointed by the Swedish Government as Commission secretary in the Inquiry on Gender Equality Policy.
2003-2004	Research officer at the National Board of Health and Welfare in a Government commission about the social services from a gender perspective.
2000-2002	Freelance journalist
1999-2000	Journalist at the cultural department of Aftonbladet, Sweden's major newspaper.
1998-1999	Chief editor of Bang, Sweden's major feminist magazine.
1996-1998	Freelance journalist, wrote a book about how the women's movement influenced Swedish politics and media in the 1990s.
1994-1995	Research officer, evaluated a gender equality project about girls' recreational activities, commissioned by the Swedish National Board of Youth Affairs.
1992-1997	Editor of Bang magazine from the start of the magazine (voluntary part time work).
1992	Research officer at Center for Gender Studies, Stockholm University, conducted a survey on attitudes towards gender equality commissioned by the Equal Opportunities Ombudsman.
1991-1992	Research officer at Stockholm University Student Union, conducted a survey on sexual harassment commissioned by the Ministry of Public Administration.

Field of specialisation

Research areas: Social care, social policy, and gender, primarily elder care and family care for older persons and its social and economic consequences for caregivers. How caregivers are affected by the organization and performance of health and social care services.

Research methods: Qualitative and quantitative data collection and analysis including semi-structured interviews, questionnaires, and policy analysis.

Ongoing and previous projects

- Co-applicant for the research project *Ageing in place – from policy to practice. Consequences of the de-institutionalisation of Swedish eldercare for older people and their family members* (Forte, SEK

3 620 000, year 2022-2024, PI Pär Schön, Stockholm University). In this project, we analyse municipal register data and interview older people and their family members on rejections of residential care applications and the consequences of these rejections.

- PI together with Sara Erlandsson, Stockholm University, for the interview study *The staff's experiences of how the COVID pandemic was handled in nursing homes* (the Center for Business and Policy Studies, SEK 551 654, year 2021–2022). In this study, we interviewed care workers, registered nurses and first-line managers at four nursing homes in Stockholm about their experiences of the Covid-19 pandemic.
- Co-applicant for the research project *The impact of market oriented reforms and management models: Can integrated care mitigate the adverse effects among older people with greater needs?* (Forte, SEK 4 689 000, year 2017-2020, PI Bo Burström, Karolinska institutet). Within this project, I was responsible for a longitudinal interview study with family members of older persons with extensive care needs in Stockholm County.
- PI for the research project *Coordination problems in health and social care services for older persons with extensive needs: How do adult children perceive the ability of care services to meet the needs of their elderly parents and how are they affected by the performance of these services?* (Stockholm County Council, SEK 1 682 000, year 2017-2019). Longitudinal interview study with adult children of older persons with extensive care needs in Stockholm County.
- Participated in the research project *Changing Places: Unpaid Work in Public Spaces* (Social Sciences and Humanities Research Council of Canada, SEK 1 900 000, year 2017-2019, PI Pat Armstrong, York University, Toronto). A qualitative comparative study of nursing homes in four countries, in which I was responsible for interviews with family members in Swedish nursing homes.
- Participated in the research project *Social Inequalities in Ageing* (Nordforsk, NOK 29.7 million, year 2015-2020; PI Johan Fritzell, Karolinska Institutet). Within this project, I analysed a survey material on informal caregiving.
- Participated in the research programme *Individualised care and universal welfare: Dilemmas in an era of marketisation* (Forte, SEK 18 million, year 2013-2019, PI Marta Szebehely, Stockholm University). Within this programme, I analysed survey materials on giving and receiving informal care.
- Co-applicant for the research project *Cost of caring: care responsibilities and paid work in middle-age* (Swedish Research Council, SEK 3 681 000, year 2011-2013, PI Marta Szebehely, Stockholm University). Interviews with informal carers and a postal survey on informal caregiving in Sweden. I took part in designing, conducting and analysing our postal survey on informal caregiving.

Selected publications (2009-2023)

Ulmanen, P., Lowndes, R. & Choiniere, J. (2023) Accessing nursing home care: family members' unpaid care work in Ontario and Sweden. In P. Armstrong (Ed.) *Unpaid Work in Nursing Homes. Flexible Boundaries* (pp. 18-32). Bristol University Press, Policy Press. https://www.jstor.org/stable/jj.5053559.6

Sortland, O., Ulmanen, P**.** & Struthers, J. (2023) Contextual conditions and social mechanisms in rural communities and care homes. In P. Armstrong (Ed.) *Unpaid Work in Nursing Homes. Flexible Boundaries* (pp. 100-112). Bristol University Press, Policy Press. https://doi.org/10.2307/jj.5053559.12

Lowndes, R., Choiniere, J., & Ulmanen, P. (2023). Family members and nursing home care: lessons from Ontario and Sweden during Covid-19. In *Care Homes in a Turbulent Era* (pp. 99-116). Edward Elgar Publishing. https://doi.org/10.4337/9781803925820

Erlandsson, S., Ulmanen, P. & Wittzell, S. (2023) *Covid-19 på äldreboenden– personalens erfarenheter*. Stockholm: SNS. https://snsse.cdn.triggerfish.cloud/uploads/2023/03/covid-19-pa-aldreboenden--personalens-erfarenheter.pdf

Erlandsson, S., Ulmanen, P. & Wittzell, S. (2023) *Covid-19 in nursing homes as experienced by employees. English summary.* Stockholm: SNS. https://snsse.cdn.triggerfish.cloud/uploads/2023/04/covid-19-in-nursing-homes-as-experienced-by-employees-english-summary.pdf

Ulmanen, P. (2021). Reversed socioeconomic pattern in the costs of caring regarding well-being and paid work among women in Sweden. *Social Policy and Administration, 56*(4), 563–579. https://doi.org/10.1111/spol.12773

Ulmanen, P. (2018) Anhörigomsorg i stad och land [Family care in urban and rural areas]. In H. Jönson & M. Szebehely (Eds.) *Äldreomsorger i Sverige: lokala variationer och generella trender* [Elder care in Sweden: local variations and general trends] (pp. 201-216). Malmö: Gleerups.

Ulmanen, P**.** (2017) Childcare and eldercare policies in Sweden. In R.J. Burke & L.M. Calvano (Eds.) *The sandwich generation: Caring for oneself and others at home and at work* (p. 242-261). Cheltenham: Edward Elgar Publishing.

Ulmanen, P. (2017) Anhörigomsorgens pris för döttrar och söner till omsorgsbehövande äldre. [The cost of caring for daughters and sons of older persons in need of care]. In E. Gunnarsson & M. Szebehely (Eds.) *Genus i omsorgens vardag* [Gender in everyday life of care] (3rd edition, p. 111-126). Malmö: Gleerups.

Ulmanen, P. (2015) *Omsorgens pris i åtstramningstid. Anhörigomsorg för äldre ur ett könsperspektiv* [The cost of caring in the Swedish welfare state. Feminist perspectives on family care for older people] (Diss.). Stockholm University, Department of social work. https://su.diva-portal.org/smash/get/diva2:858835/FULLTEXT01.pdf

Ulmanen, P. (2015) Kvinnors och mäns hjälp till sina gamla föräldrar – innehåll, omfattning och konsekvenser [Women's and men's filial care: extent, content and consequences]. *Socialvetenskaplig tidskrift, 23*(1) 111-132. https://doi.org/10.3384/SVT.2015.22.2.2347

Ulmanen, P. & Szebehely, M. (2015) From the state to the family or to the market? Consequences of reduced residential eldercare in Sweden. *International Journal of Social Welfare, 24*(1): 81-92. https://doi.org/10.1111/ijsw.12108

Szebehely, M.; Ulmanen, P. & Sand, A.-B. (2014) *Att ge omsorg mitt i livet: hur påverkar det arbete och försörjning?* [To give care in midlife: how does it affect work and financial situation?] Working paper 2014:1, Department of Social Work, Stockholm University. https://su.diva-portal.org/smash/get/diva2:684124/FULLTEXT01.pdf

Ulmanen, P. (2013) Working daughters – A blind spot in Swedish eldercare policy. *Social Politics, 20*(1): 65-87. https://doi.org/10.1093/sp/jxs025

Szebehely, M. & Ulmanen, P. (2012) *Åtstramningens pris. Hur påverkas de medelålders barnen av äldreomsorgens minskning?* [The cost of retrenchment. How are middle aged children affected by the decline of eldercare?] Stockholm: The Swedish Municipal Workers' Union. https://su.diva-portal.org/smash/get/diva2:667826/FULLTEXT01.pdf

Szebehely, M. och Ulmanen, P. (2009) *Att ge omsorg till gamla föräldrar och andra anhöriga: påverkar det relationen till arbetsmarknaden?* [To give care to elderly parents and other relatives: does it affect the relationship to the labour market?] Stockholm: Ministry of Health and Social Affairs. https://su.diva-portal.org/smash/get/diva2:911121/FULLTEXT01.pdf