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TRAUMA INFORMED CARE OR SERVICES:
SOME SELECTED GENERAL ELEMENTS OR FEATURES

TRAUMA-INFORMED CARE OR SERVICES (IN GENERAL)

- ❑ **Trustworthiness & Transparency**

- Developed and used

- ❑ **Collaboration**

- Power differences, recognized and addressed

- ❑ **Empowerment**

- Strengths are recognized, built on, and validated

- ❑ **Humility & Responsiveness**

- Biases and stereotypes and historical trauma, recognized and addressed



TRAUMA INFORMED CARE OR SERVICES (IN GENERAL)

- ❑ Create a Safe Physical Environment
- ❑ Hire (or train) a trauma-informed workforce
- ❑ Involve adolescents in the intervention or treatment process
- ❑ Lead and Communicate about how change happens (i.e., the Transformation Process)



See infographics in this module,
for more examples and information

REFLECTION

- What is your reaction to the information so far? Does this information change the way you see your organization and/or the youth you work with? If yes, then how so?

CREDITS

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